

Bachelor of Interdisciplinary Studies (B.I.S.)

2025-2026 Academic Catalog, Bachelor of Interdisciplinary Studies

Academic Core for B.I.S.

46 Hours

CHRISTIAN STUDIES **6**

CSBS 1311	Engaging the Old Testament	3
CSBS 1312	Engaging the New Testament	3

ENGLISH **9**

ENGL 1321	Rhetoric & Composition I	3
ENGL 1322	Rhetoric & Composition II	3
ENGL	Literature	3

A grade of a "C" or higher is required in ENGL 1321 and ENGL 1322.

EXERCISE & SPORT SCIENCE – SELECT TWO DIFFERENT COURSES 2

EXAC	Activity Course	1
EXAC	Activity Course	1

FINE ARTS – SELECT ONE **3**

ARTS 1310	Drawing I	3
ARTS 1320	Design	3
ARTS 1350	Art Appreciation	3
ARTS 2360	Ceramics I	3
COMM 2335	Film Appreciation	3
FINA 2330	Exploring the Fine Arts	3
MUSI 1340	Music Appreciation	3
THEA 2350	Theatre Appreciation	3

WORLD CULTURES – SELECT ONE **3**

ARTS 2354	World Art	3
EXSS 2353	Lifespan Nutrition	3
GLBL 2310	Cultural Immersion	3
HIST 1311	History of World Civilizations to 1500	3
HIST 1312	History of World Civilizations since 1500	3
HIST 2350	An Introduction to the Politics and Culture of Ancient Greece and Rome	3
HUMA 2355	Foundations of the Humanities	3
MUSI 2358	World Music	3
PHIL 2315	Introduction to Philosophy	3

LAB SCIENCE **4**

-	Laboratory Science Course	4
---	---------------------------	---

PUBLIC SPEAKING **3**

COMM 1320	Public Speaking	3
-----------	-----------------	---

MATHEMATICS **3**

MATH 1304	Survey of Mathematics or higher	3
-----------	---------------------------------	---

LITERATURE OR HUMANITIES – SELECT ONE **3**

HUMA X3XX	Humanities	3
ENGL 23XX	Literature	3

SOCIAL SCIENCE – SELECT ONE **3**

BECO 2311	Principles of Macroeconomics	3
EDUC 2399	Child and Adolescent Development	3
PSYC 1301	General Psychology	3
SOCI 1311	Introduction to Sociology	3
SOCW 2311	Introduction to Social Work	3

US HISTORY OR US GOVERNMENT – SELECT ONE **3**

HIST 2311	American History to 1877	3
HIST 2312	American History since 1877	3
POLS 2305	United States Government	3
POLS 2306	Texas State and Local Government	3

WORLD CULTURES or ANY PHILOSOPHY – SELECT ONE **3**

ARTS 2354	World Art	3
EXSS 2353	Lifespan Nutrition	3
GLBL 2310	Cultural Immersion	3
HIST 1311	History of World Civilizations to 1500	3
HIST 1312	History of World Civilizations since 1500	3
HIST 2350	An Introduction to the Politics and Culture of Ancient Greece and Rome	3
HUMA 2355	Foundations of the Humanities	3
MUSI 2358	World Music	3
	Any Philosophy course	3

CAPSTONE **0**

BGST 4001	General Studies Capstone	0
-----------	--------------------------	---

FRESHMAN SEMINAR **1**

UMHB 1101	Freshman Seminar	1
-----------	------------------	---

CHAPEL – 1 to 4 credits

UMHB 1002	Chapel	
-----------	--------	--

Fine Arts Experience – 2 to 8 credits

UMHB 1005	Fine Arts Experience	
-----------	----------------------	--

TWO CONCENTRATIONS

Each Concentration must have: 24 hours chosen from one college. "College" refers to Business, Christian Studies, Education, Exercise Science, Humanities (Communications, English, History, Political Science, Spanish), Nursing (only if the student is coming from Nursing with sufficient hours), Science (natural sciences and social sciences—Criminal Justice, Psychology, Social Work, Sociology), Visual and Performing Arts

CONCENTRATION #1 **24**

12 Hours of Upper Level Courses
12 Hours at UMHB, 6 of which must be Upper Level

CONCENTRATION #2 **24**

12 Hours of Upper Level Courses
12 Hours at UMHB, 6 of which must be Upper Level

Electives **26 Hours**

UPPER LEVEL ELECTIVES **12**

You need 12 additional hours to reach your minimum 36 UL required hrs.

ELECTIVES **14**

You need 14 additional hours to reach your minimum 120 required hrs.

Total Hours

Academic Core for B.G.S.	46
Concentration #1	24
Concentration #2	24
Upper Level Electives	12
Electives	14
Total hours required for graduation	120

Additional Graduation Requirements

Minimum Upper Level hours	36
Minimum hours taken at UMHB	30
Minimum Upper Level hours taken at UMHB	24
Minimum cumulative GPA	2.0

Bachelor of Interdisciplinary Studies (B.I.S.)

2025-2026 Academic Catalog, Bachelor of Interdisciplinary Studies – DEGREE SEQUENCE

FRESHMAN FALL **16 Hours**

ENGL 1321	Rhetoric & Composition I	3
	US History or US Government	3
	Fine Arts	3
CSBS 1311	Engaging the Old Testament	3
	Concentration #1 Course	3
UMHB 1101	First Year Seminar	1
UMHB 1002	Chapel	0
UMHB 1005	Fine Arts Experience	0

FRESHMAN SPRING **15 Hours**

ENGL 1322	Rhetoric & Composition II	3
	World Cultures	3
	Social Science	3
	Concentration #2 Course	3
	Elective	3
UMHB 1002	Chapel	0
UMHB 1005	Fine Arts Experience	0

SOPHOMORE FALL **16 Hours**

ENGL 23XX	Literature	3
	Lab Science	4
	Concentration #1 Course	3
	Concentration #2 Course	3
	World Cultures or Philosophy	3
UMHB 1002	Chapel	0
UMHB 1005	Fine Arts Experience	0

SOPHOMORE SPRING **16 Hours**

	Literature or Humanities	3
CSBS 1312	Engaging the New Testament	3
MATH	1304 or higher	3
	Concentration #1 Course	3
COMM 1320	Public Speaking	3
EXAC	Activity Course	1
UMHB 1002	Chapel	0
UMHB 1005	Fine Arts Experience	0

JUNIOR FALL **15 Hours**

	Elective	3
	Concentration #1 Upper Level Course	3
	Concentration #2 Course	3
	Concentration #2 Upper Level Course	3
	Elective	3
UMHB 1005	Fine Arts Experience	0

JUNIOR SPRING **15 Hours**

	Concentration #1 Course	3
	Concentration #1 Upper Level Course	3
	Concentration #2 Course	3
	Concentration #2 Upper Level Course	3
	Elective	3
UMHB 1005	Fine Arts Experience	0

SENIOR FALL **15 Hours**

	Upper Level Elective	3
	Concentration #1 Upper Level Course	3
	Concentration #2 Upper Level Course	3
	Concentration #2 Upper Level Course	3
	Elective	2
EXAC	Activity Course	1
UMHB 1005	Fine Arts Experience	0

SENIOR SPRING **12 Hours**

BGST 4001	General Studies Capstone	0
	Upper Level Elective	3
	Upper Level Elective	3
	Upper Level Elective	3
	Concentration #1 Upper Level Course	3
UMHB 1005	Fine Arts Experience	0

Total Credit Hours: 120